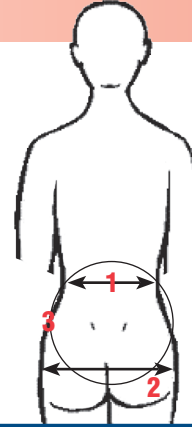


This worksheet is intended for use with products manufactured by American Medical Products only. This is a prefabricated orthosis, and is meant for application by health care practitioners as directed by a qualified medical authority, such as a physician. It is designed to be customized to the specific needs of an individual patient as follows:

First – Take Patient’s Measurements

1. Circumference of lower rib: _____
2. Circumference of hip: _____
3. Measure from T9 to Sacrococcygeal Junction: _____

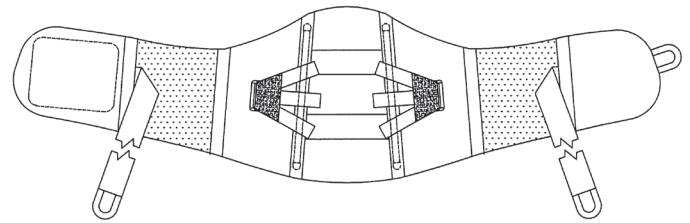
Time Required: _____



Second – Tailor Back Panel to Patient’s Anatomy for Correct Fit

After measuring patient’s lordosis, customize the back panel by heating the form to the patient’s anatomy, then contouring the form for a snug fit for the patient’s lordosis and soft tissue. Trim the panel for the patient based on the measurement from **Step 3** above.

Time Required: _____

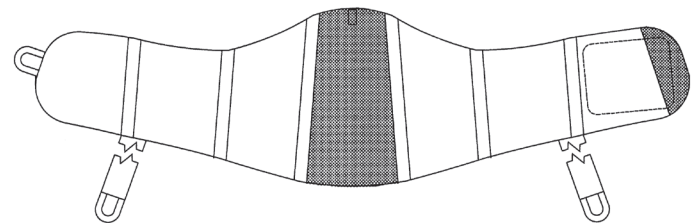


Third – Tailor Sizing and Tightening Mechanism for Correct Fit and Proper Performance

Utilize these measurements to customize to the patient:

- Use the waist circumference (the average of **Steps 1 and 2** above _____) to decide where to fit belt rivets through proper sizing adjustment holes in sides of back panel.
- Trimming needed. Amount Cut _____
- Trimming not needed.
- For superior customization, trim excess plastic if sizing yields same, and if it’s appropriate for an individual’s anatomy.

Time Required: _____



Fourth – Educating Patients

A patient must be educated about their brace in order to maintain its proper fit throughout the time it is being worn.

Education topics include:

- Proper way to put it on and take it off
- Independent compression mechanics
- Proper cleaning
- Proper brace placement
- Proper angulation to guarantee circumferential contact
- Keeping follow-up appointments

Time Required: _____

Total Time Required for Brace Customization: _____